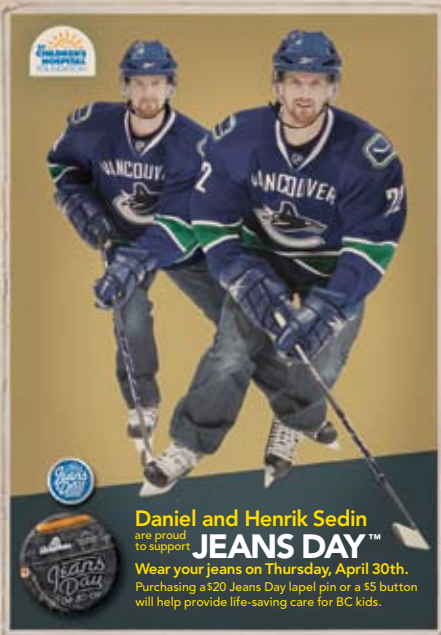




THE MOON N

wtcstudentmagazine@gmail.com ISSUE #3 APRIL 2009

Spring Into Action!



Daniel and Henrik Sedin are proud to support **JEANS DAY™**. Wear your jeans on Thursday, April 30th. Purchasing a \$20 Jeans Day lapel pin or a \$5 button will help provide life-saving care for BC kids.

Find out how you can help! P.2



Feast on Pancakes P.4



Cook Cous-cous P.5



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LAYOUT:

Chris Duehrsen

Special Thanks:

Paivi's class

COMMUNITY TIPS

Button Up, Help the Kids!

Jeans Day is a fun and easy event for everyone to get involved in to benefit BC Children's Hospital. Buy a \$5 button and wear it with jeans on Thursday, April 30! Last year, over 180,000 British Columbians purchased Jeans Day lapel pins or buttons and helped to raise over \$1.25 million for the Hospital! You can get the button and pin from the head teacher, Arina. Go to the teacher's room and ask her. Again, don't forget to wear jeans on April 30 with your button.



Written by
Yuki Nozawa

Soccer: A Sport and a Way of Life

My name is Shota Yagitani. I'd like to let you in on my sporting life. I have played soccer since I was an elementary school student.

For me, it has always been a big part of my life. I have grown up mentally through soccer. Sometimes it leads me to a positive way of thinking, and helps me when I feel down.

Don't get me wrong: playing sports is no picnic. I had to practice very hard to play well and win games, but when I reached my goal, I was delighted. There is no greater pleasure than the emotion derived from success.

I went to Argentina to join a soccer team for a month. Actually, I learned not only about soccer, but culture as well: the different way of life, language, etc.

In Canada, I have played soccer in community centers many times. You can play for just 3-5 dollars.

It's actually a great deal, because you can enjoy not only playing, but also speaking English.

I made many friends there. For me, these kinds of encounters were priceless. Studying English is very important, but getting involved with different cultures and meeting people are also necessary. I think that doing sports is an easy way to do that.



Written by
Shota Yagitani

Shake things up with Belly Dancing

Belly dance is a Western term for a traditional Arab dance form. Some American devotees refer to it simply as “Middle Eastern Dance.” In the Arabic language it is known as raqs sharqi. The term “raqs sharqi” may have originated in Egypt. In Greece and the Balkans, belly dance is called tsiftetelli, and in Turkish, ciftetelli.



What styles are there?

Raqs Sharqi belly dancing consists of movements that involve the whole the body. The focus of the dance is the pelvic and hip area. It is, fundamentally, a solo improvisational dance with its own unique dance lingo.

Turkish Cigetelli is more specifically a form of wedding folk music, the part that makes up the lively part of the dance at the wedding and is not connected with oriental dancing.

My experience

I took belly dance lessons last November at Coal Harbour Community Centre. It was a valuable experience for me, because at the time I didn't know how to dance. They didn't even care that I couldn't do that at all. I thought that in western culture it might be easier than in Japan to try something new. Here I could talk to classmates and learn dances that I didn't know before. It is one of my most cherished memories from Canada. If you have time, try to go to a Community Centre.

Bellydance Beginner

Dates: Apr. 08-May 6/ May 13-Jun.10

Time: 7:30pm-8:30pm

Sessions: 5 times on Wed.

Place: Coal Harbour Community Centre

Fee: \$50.00



Written by
Eri Tanaka

RESTAURANTS

Go Dutch at De Dutch



Robson Street
Unit 1 - 1725 Robson Street
(Robson × Bidwell)

Oak Street
3192 Oak Street (Oak × W16th)

Knight Street
4003 Knight Street (Knight × W24th)

Restaurant Hours:

8:00 am – 3:00 pm
(Depending on which location you go to)

Reviews

Yuki Nozawa's Take

It's now on my list of the best breakfast (or brunch) places in Vancouver!

Knowing how popular and crowded it usually is, I was a bit scared about how long I needed to wait, but luckily there was no line when I went there.

I stepped into the restaurant and I felt like I was in the Netherlands, though I've never personally been there. They decorated it nicely, with windmills and tulips. I had a really hard time deciding what to order because they have quite an extensive menu. They even have a Japanese menu. A staff member said it's popular among Japanese. I finally ordered a pancake (they call it "pan_ne_koek") with bacon, tomato, 2 eggs and maple syrup.

I could choose how to make eggs cooked, and a server told me that if I don't like the way they cook eggs, I could replace them. Good service.. and... there it was! It looked like a crepe and it was huge. I was a little bit skeptical about how it would taste, but I love how great it tasted!



Akina Sumi's Take

I have been very interested in the Netherlands since back when I was in Japan, because my English teacher in Japan is Dutch. She sometimes told me about Dutch culture, so I wanted to try Dutch food one day.

Fortunately I had a chance to go to that restaurant with my friends. To be honest, I had no real concept of what Dutch food was, but once I tried it, I was fascinated by it.

The atmosphere of this restaurant is very comfortable. The friendly staff really add to this vibe. The thing which really got me was the number of good choices on the menu. You will certainly find a Dutch meal that you want to try.

This is definitely a restaurant that will tempt you to visit there again and again.

Moroccan Couscous

Written by
Akina Sumi

Hi. What's your favorite food in your home country and in Canada? Today I would like to introduce a traditional food in Morocco that is called Couscous! I guess some of students know this food as well. Couscous is made by rolling and shaping moistened semolina wheat and then coating them with finely ground wheat flour. There are several kinds of couscous. Some variety are with vegetables and chickpeas, black beans or with chicken.



Recipe from www.allrecipes.com

Prep Time is 30min. Cooking time is 5 min. Ready in 35 min Total time is 70 minutes



Ingredients: for 4 servings

- 1 cup couscous
- 1 cup water
- 1/4 cup and 2 tablespoons olive oil
- 2 tablespoons apple cider vinegar
- 1/2 teaspoon Dijon mustard
- 1/2 teaspoon ground cumin
- 1/2 clove garlic, crushed
- salt and pepper to taste
- 1/2 red bell pepper, chopped
- 1/2 yellow bell pepper, chopped
- 3/4 pound cooked shrimp, peeled and deveined
- 1 medium tomatoes, chopped
- 1/2 cup chopped fresh parsley
- 1/2 cup crumbled feta cheese

Directions:

1. Pour water into a saucepan, and bring to a boil. Stir in couscous, cover, and remove from heat. Let stand for 5 minutes, then immediately fluff with a fork. (otherwise it will clump). Set aside to cool.
2. In a small bowl, whisk together the olive oil, cider vinegar, Dijon mustard, garlic, salt and pepper. Set aside.
3. In a large salad bowl, toss together the shrimp, cooled couscous, red and yellow bell peppers, tomatoes, parsley and feta cheese. Whisk vinaigrette to blend, then pour in about half of it over the couscous. Toss to coat, and add more dressing to coat thoroughly without drenching. Refrigerate at least 2 hours before serving.

This is the all the information you need to cook couscous. If you're interested in this food and want to try various foods from other countries, go for it!

TEACHER PROFILE

The Life Adventures of Simon Tooley

TM Before teaching English, what did you do?

ST I taught mostly outdoor sports I taught mountain skiing, hiking backpacking and climbing for many years. I taught everybody; everybody from boy scouts 7 years old to maybe 80 year-old people.

TM How about cycling?

ST I don't like cycling...I cycle 40kms a day to come to school, but it's just for exercise. Cycling is horrible. It's boring, nothing happens. I stay on the same bicycle ways.

TM I heard you can speak Czech.

ST Yes. I went to Czech Republic and taught ESL there only about three months before one of my students who was a business man asked me to work for him in marketing. So I started working for a Czech construction company for almost five and half years.



TM How did you learn Czech?

ST I started to work at this construction company and told my secretary not to speak English. She was bilingual. I told her not to speak English so I worked speaking only Czech. It was a great experience. It was the best to learn language.

TM Which countries have you been to?

ST I went to many countries for this job. All the "stans." Kazakhstan, Tadjikistan, Uzbekistan, Azerbaijan... all of the former Soviet states.

TM Which places do you want to visit in the future?

ST I would say there are 2 or 3 most beautiful places would be ...a Georgia country called Batumi, and country called Azerbaijan, city called Baku which is beautiful and any coastal island in Croatia, called Korchula.

Written by
Yuki Nozawa

Dear Fix-It-Fred: Give Me Some Advice!



Dear Fix-It-Fred,

I have a problem and need your advice. I really miss the food from my country. I'm Brazilian and the food from Brazil is very fresh and tasty, but here the food is not delicious. I love living in Vancouver, but I can't stay here for seven months without my delicious Brazilian food. What is your advice for my problem?

Hungry in Vancouver

Dear Hungry in Vancouver,

If you miss Brazilian food, I think you should make your own food. I think it is better. Are you a good cook? If you aren't, I can help you. I'm an excellent cook, and can teach you how to make some meals.

Fix-It-Fred

Dear Fix-It-Fred,

I have a problem and need your help. My job and university are waiting for me back home. Sometimes I feel homesick, but I want to stay here a little longer and not go back home. However, I can't change my flight



and leave my job. Please help me; I'm very confused.

Lovin' Livin' in Vancouver

Dear Lovin' Livin' in Vancouver,

I think you should consider this carefully. If you find a way to stay here, another visa or something, and that's what you want to do, then just do it. But you can't stay here forever. I think you should accept the reality and go back to your country and find another way to fulfill your dream. You have infinite possibilities and you are still young. You can do anything.

Fix-It-Fred

Dear Fix-It-Fred,

I have a big problem and need your advice. My friend is pregnant and her parents don't know about it. Her boyfriend ran away and she wants to live at my house, but she can't. I don't have enough room for her. What should I do?

Stuck in the Middle



Dear Stuck in the Middle,

In my opinion you should talk to your friend. To hide the pregnancy isn't the answer. The way I see it, you should persuade her to talk to her parents. Remember, the truth is the best solution!

Fix-It-Fred

...more advice on Page 8



Special thanks go out to the students in Paivi's class in March for these great letters. Write into wtcstudentmagazine@gmail.com with your questions or ideas. We'll keep it anonymous.

PERSONAL ADVICE

Dear Fix-It-Fred,

I have very sensitive skin. I'm not a teenager and I'm not in my mid-twenties, but I still have many pimples and scars. I've tried many kinds of methods to get rid of my skin troubles. I want to have a silky-smooth and baby-soft skin. What can I do to fix this problem? May I ask you for suggestions?

Breaking Out

Dear Breaking Out,

First, eat a lot of pork. I've heard that pork is good for your skin. Secondly, don't wash your face too often. Washing your face steals the moisture from your skin and makes it dry. Dry skin makes wrinkles. To tell the truth, if I knew the right solution to your problem, my face wouldn't look like it does presently.

Fix-It-Fred



Dear Fix-It-Fred,

I want to stop smoking. I've tried to stop smoking several times, but I have failed. What do you suggest?

Still Smoking

Dear Still Smoking,

Frankly speaking, I used to smoke myself, but I quit. It is very hard to do. Try thinking about the people you love, for example, your parents or your girlfriend or your future children. Smoking makes them sad. Let them know that you want to stop smoking. If you want to smoke, they will try to make you stop. Anyway, smoking is terrible for you. If you want to live healthily, you should stop smoking. You won't regret it later.

Fix-It-Fred



FUN STUDENT FACTS

70% of WTC students have Facebook account.

...Join it and deepen your friendship!

30% of WTC students have had a crush on a person from a different country.

... Wow!


invitation

Writers Wanted

Do you have something you want to share with other students?

If yes, why don't you join us and improve your writing skill together?

For more details, look for the ads on the wall!
Yuki Nozawa (am class- TOEFL, pm- Media Communication)

